

SAMBO POLAND OPEN 2026

2016-2014, 2014-2012, 2012-2010, 2010-2008,
2008+ WOMEN AND MEN

NEW CATEGORY -
SPORT SAMBO 18+ AMATEURS

WARSAW 20-21.11.2026

COMPETITION BULLETIN

version dated 7 October 2026



Ministerstwo
Sportu i Turystyki

SAMBO POLAND OPEN 2026

Our goal is to make sambo beautiful and recognisable. This is a prerequisite for sambo to also become a professional sport, with a large fan base and media visibility, just like football, volleyball and basketball. There is a lot of work ahead of us, but we are very determined, and our tournaments are not only important sporting events – they are also an attempt to create a show that is simply interesting and engaging!

We admit athletes who do not hold a Polish Sambo Federation licence, and we do not require sambo uniforms – a judo or ju-jitsu jacket and shorts are enough. We require a declaration that you have a valid medical examination, or the presentation of a relevant medical certificate.

Iwo Czerniawski

Preliminary entries should be sent by e-mail to info@kavkaz.pl

CONTACT

phone **+48 789 307 203** or **+48 789 307 742**
WhatsApp **+48 789 307 203**
info@kavkaz.pl
<https://kavkaz.pl>

FINALS GALA

Selected (senior) final bouts will be held as a gala with special lighting and additional effects.

VENUE

Venue: Warsaw – the exact address of the competition will be announced shortly.

ORGANISERS

Związek Sambo w Polsce
Kavkaz Association
International Wrestling Organisation

HOTELS

We can help with booking accommodation. For this, please contact: info@kavkaz.pl or phone **+48 789 307 203**, WhatsApp **+48 789 307 203**.

MEALS

On tournament day, buffet-style catering costs **PLN 40 (EUR 10)**. Catering provided by „Smakunie”.



Plan
Przyszłości



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AGE AND WEIGHT CATEGORIES

Sport sambo, born 2016-2014

boys 32, 35, 38, 42, 46, 49, 53, 58, +58

girls 30, 34, 37, 41, 45, 50, +50

Sport sambo, born 2014-2012

boys 35, 38, 42, 46, 49, 53, 58, 64, 71, +71

girls 37, 41, 45, 50, 54, 59, +59

Sport sambo, born 2012-2010

boys 49, 53, 58, 64, 71, 79, +79

girls 44, 50, 54, 59, 65, +65

Sport sambo, born 2010-2008

boys 58, 64, 71, 79, 88, +88

girls 54, 59, 65, 72, +72

Sport sambo, born 2008+, PRO category

men 64, 71, 79, 88, 98, +98

women 56, 65, 72, 80, +80

Combat sambo, born 2010-2008

men 64, 71, 79, 88, 98, +98

Combat sambo, born 2008+

men 64, 71, 79, 88, 98, +98

Sport sambo 18+ amateurs, born 2008+

A category for people who have not been involved in combat sports since an early age, or who are returning to sport after a long break

men 64, 71, 79, 88, 98, +98

women 54, 59, 65, 72, +72

***Depending on the entries received, weight categories may be subject to minor changes.**

Bout duration: seniors (women and men) – 5 minutes. Youth under 18 – 4 minutes. Children – 3 minutes.

FEES

The entry fee for **Sambo Poland Open** is **PLN 80** (EUR 20).

Admission for spectators – free.

PARTICIPATION RULES

- the tournament is open to athletes training the following martial arts: sambo, BJJ, judo, wrestling, ju-jitsu, as well as related disciplines
- the competition will be held in accordance with the international rules for sport sambo competitions
- winners will receive medals and diplomas
- athletes may compete if they hold a valid medical certificate confirming no contraindications to taking part in sports competitions, or sign a declaration that they hold one
- each participant should have a valid photo ID. Documents will be checked during accreditation and weigh-in
- athletes without a sambo uniform may compete in a judo or ju-jitsu jacket and shorts; we will also try to help with renting a uniform
- if there is only one athlete in a weight category, they may be moved to an adjacent weight category with the coach's consent
- no prizes or medals are awarded if an athlete has not fought any bouts
- participants cover the costs of insurance, accommodation, meals and travel themselves.

TEAM CLASSIFICATION

Trophies will be awarded in the team classification – based on the total points scored across all age categories.

TOURNAMENT PROGRAMME

20.11.2026 Friday

17:00 - 19:00 arrivals and athlete accreditation

19:00 - 21:00 weigh-in

21.11.2026 Saturday

8:00 - 9:00 additional weigh-in

10:00 Opening of the competition

Bouts until the end.

Senior finals will be held as a gala with lighting, sound and special effects.



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