



Bedford Grappling Academy

Presents

23rd British Open 2013

Sombo Championships & Trials

Full Contact Combat Sambo Championships & Trials

**This will be point-scoring event for both
Those who wish to be considered for the World Championships and
World Combat Games must attend this event**

Sombo /Full Contact Combat Sambo

Venue: Biddenham International School, Biddenham Turn, Bedford, MK40 4AZ

DATE SUNDAY 30TH JUNE 2013 weigh-in 10 am for all categories

This competition is open to all Clubs/Associations affiliated to the British Sombo Federation and FIAS Countries. Individuals must be members of one of the above proof will be required.

We will be holding Full Contact Sombo (known in Russia as Combat Sambo) event under FIAS rules. Insurance for Full Contact is required and proof of this must be sent in with entry forms. Men: 18 years and above, Master Men and Women 35 years to 44 years, 45 years to 54 years, 55 years and over, Youth: 15 -17 years, School boys & girls

CLOSING DATE 23RD JUNE 2013

For Complete entry form contact

Bedford.grappling.academy@gmail.com

Russell Dodds 01234 346112 07889146662