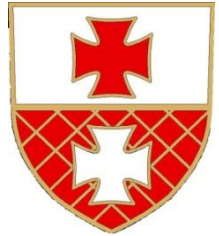




Department of Sport in Elblag
Polish Sambo Association
AMA „Fighter” Elblag



V INTERNATIONAL SAMBO TOURNAMENT in Elblag „SAMBO SPORTS LIFESTYLE”

General information:

Date: April 20th 2013

Place: Elblag, Business – Sport Center, 135 Grunwaldzka Street.

Purpose of event: Popularization of Sambo in Poland
Improving skills of the competitors
Integration Polish Sambo Association with foreign associations

Organizers: Department of Sport in Elblag
Polish Sambo Association
Association of Martial Arts „FIGHTER” Elblag

Number of Mats: 2 mats
Preliminary fights will be carried out equally on both mats
Final fights will be conducted on a single mat

Rules: The tournament will be conducted on the principles of FIAS
(Fight time: kids and juniors: 4 min, seniors: 5 min)
(Competitions are held in the Combat Sambo for adults. Sport Sambo - children 11-12, 13-14 years)

Weight Categories: According to the rules of FIAS

Entry fee: Kids and juniors: 5 € (20 zł), seniors: 10 € (40 zł) / person

Registration: Information to submit competitor: First Name, Last Name, Date of birth, Weight Category, Club/Sport organization with an address.
Applications should be sent to the e-mail: v.pashits@gmail.com

Deadline: April 13th 2013

Responsibility: Tournament organizers are not responsible for accidents in the course of the competition.

All participants are required to have current medical and accident insurance.

Accommodation: Hotel „Atletikon”, 8 Agrikola Street, Elblag 40 zł (10 euro)
24h/person, Student’s Dormitory nr 2, 11 Wspolna Street, Elblag



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Estimated plan of the tournament:

April 19th 2013 – at 20:00 accreditation visiting teams and official weighing of the competitors. Sports hall of the hotel Atletikon 8 Agrikola Street.

April 20th 2013

08:00 – 09:00 – Weighing participants who come in the day of competitions

10:30 – 12:00 – Preliminary Sport Sambo fights

12:00 – Official opening of the tournament:

Presentation of national teams

The speeches of organizers, activists

Demonstrations of Elbląg Combat Sports Clubs: Karate, Judo, Kickboxing, Aikido,
Box, Wrestling, Sambo Combat

13:00 – 14:00 – Sport Sambo final fights

13:00 – 16:00– Preliminary fights Sambo Combat

16:00 – 17:00 – Sambo Combat final fights

17:00 – 18:00 – Rewarding the competitors

Closing the competition