

2nd International Sambo Competition

in Białystok

„Stop for alkohol, start for sports”

Rules of the competition

Goal of the competition

1. The goal of the competition is promoting Sambo in Poland
2. Development of physical activity of children and youth
3. To stop the abuse of the alcohol
4. Culture by means of sport

It is individual competition

Only individual results and places in the proper weight category are taken into consideration.

Miejsce zawodów: Place of the competition:

Sport Hall of Zespół Szkół Rolniczych, Ks. Suchowolca Street 26, 15-566 Białystok

Place of accomodation: Hotel of Zespół Szkół Rolniczych ul. Ks. Suchowola Street 26, 15-566 Białystok

System and metod of conducting competitions

Competitions are conducted with the use of elimination system, the order of the fights is set by means of a draw.

A competitor who lost qualification fight has a possibility of participating for the third place if the competitor with whom she/he lost has won his/her next fight.

Fees:

Competitors from the clubs that are part of National Federations that belong to EFS or FIAS do not the entry fee. Clubs that are part of PZ SAMBO do not pay entry fee.

Other clubs pay 50zł for one competitor

Costs:

- accomodation 35 zł/day
- alimentation 35 zł/day

Categories

Senior	Born in 1994 and earlier								
Sport Sambo									
Women	48	52	56	60	64	68	72	80	80+
Men	52	57	62	68	74	82	90	100	100+
Sambo Combat									
Men	52	57	62	68	74	82	90	100	100+
One non-polish competitor in one weight category									
Two polish competitors in one weight category									

Schedule:

14 December	Od 16.00	Arrival																														
	16.00-22.00	Mandate Commission																														
15 December	9.00-10.00	Technical briefing of referees, coaches, directors of teams																														
	10.00-12.30	Fights in categories:																														
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12.30-13.00	Official opening ceremony																															
13.00-16.00	Fight in categories:																															
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17.00-19.00	Final fights of proper weight categories																															
19.00-20.00	Official closure and artistic performance																															

Application for the competition can be send until 17.11.2012 r.

At bestios@bestios.za.pl

The application in a form of Excel file